



# TRAINING INSTITUTE

SUPPORT FOR SERVICE PROVIDERS IN MANITOBA

2018/2019

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## SUPPORT FOR SERVICE PROVIDERS IN MANITOBA

*The Sexuality Education Resource Centre MB (SERC) Training Institute offers comprehensive full-day training opportunities, webinars and Lunch & Learn style events to support service providers in Manitoba.*

### HALF-DAY WORKSHOPS

**FREE!**

Each FREE half-day workshop includes tea/coffee and light refreshments. Online registration required.

#### STBBIS AND STIGMA: TOOLS AND APPROACHES FOR WORKING WITH YOUTH

WINNIPEG:

**September 21st, 2018, 9:30 am to 12:30 pm**

SERC Winnipeg Office, 200-226 Osborne Street North (at York)

This free, half-day training opportunity will equip youth service providers with knowledge and tools to address stigmas associated with sexually transmitted and blood-borne infections (STBBIs) and their impact on youth sexual health. This interactive training is ideal for service providers who work directly with youth in clinical, group and program settings.

#### OUR SELVES, OUR DAUGHTERS: EXPLORING A CULTURALLY COMPETENT APPROACH TO UNDERSTANDING FGC

WINNIPEG:

**February 9th, 2019, 9:30 am to 12:30 pm**

SERC Winnipeg Office, 200-226 Osborne Street North (at York)

This half day training opportunity will enhance your understanding of Female Circumcision (also known as Female Genital Cutting – FGC, or Female Mutilation – FGM). This training is ideal for those working with immigrant and/or refugee women from communities where FGC is practiced.

# FULL-DAY WORKSHOPS

Each full day workshop includes tea/coffee, refreshments and lunch. Registration fees apply.

## TEACHING SEXUALITY: FACILITATION SKILLS FOR TEACHERS AND YOUTH SERVICE PROVIDERS – SUMMER INSTITUTE

WINNIPEG:

**August 14 & 15, 2018, 9:30 am - 3:30 pm**

SERC Office • 200-226 Osborne St. N (at York)

This specialized two-day training event will prepare teachers, and service providers who work directly with youth ages 12 and up, to integrate comprehensive sexuality education lessons and activities into their programs or classrooms.

**COST: \$100.00 for both days (subsidized rate)**

## CREATING INCLUSIVE HEALTH CARE ENVIRONMENTS

WINNIPEG:

**June 21, 2018, 9:00 am - 4:00 pm**

United Way Winnipeg • 580 Main St.

Sexuality is an important dimension of client health, and central to their health care experience. This training event goes beyond the basics of sexuality to support health care providers and clinic staff in their work fostering a safer and more inclusive health care environment.

**COST: \$100.00 Regular / \$75.00 Student Rate**

## SEXUALITY IN OUR WORK WITH CHILDREN AND YOUTH

WINNIPEG:

**October 3, 2018, 9:00 am - 4:00 pm**

Victoria Inn Hotel & Convention Centre • 1808 Wellington Ave.

Sexuality is a core component of healthy child and youth development. This training opportunity is designed for the unique needs of service providers who work directly with youth or who work in youth service settings.

**COST: \$100.00 Regular / \$75.00 Student Rate**

## LGBT2SQ+ ALLYSHIP FOR SERVICE PROVIDERS

BRANDON:

**December 5, 2018, 9:00 am - 4:00 pm**

Clarion Hotel • 3130 Victoria Ave.

Supporting diversity and promoting inclusion are essential components of working in culturally relevant and safe ways. This training opportunity invites service providers to broaden their awareness and build capacity around Lesbian, Gay, Bisexual, Transgender, Two-Spirit and Queer (LGBT2SQ+) identities and experiences.

**COST: \$100.00 Regular / \$75.00 Student Rate**

## SEXUALITY AND CULTURAL DIVERSITY

WINNIPEG:

**February 19, 2019, 9:00 am - 4:00 pm**

Victoria Inn Hotel & Convention Centre • 1808 Wellington Ave.

Sexuality is complex, and is integral to social, mental, physical and spiritual wellbeing. This training opportunity invites service providers from various sectors to examine how sexuality impacts their work with diverse cultures. This introduction is ideal for those looking to increase comfort, communication skills, and capacity around sexuality.

**COST: \$100.00 Regular / \$75.00 Student Rate**

## SEXUALITY IN OUR WORK WITH DEVELOPMENTAL DISABILITIES

WINNIPEG:

**January 30, 2019, 9:00 am - 4:00 pm**

Victoria Inn Hotel & Convention Centre • 1808 Wellington Ave.

BRANDON:

**March 6, 2019, 9:00 am - 4:00 pm**

Clarion Hotel • 3130 Victoria Ave.

Healthy sexuality is a key component of overall health and wellness for all people, including people living with developmental disabilities. This introductory training opportunity will address the sexuality-related complexities, challenges and issues in organizations that support people living with developmental disabilities.

**COST: \$100.00 Regular / \$75.00 Student Rate**

# SERVICE PROVIDER TRAINING AND CONSULTATION

*Sexuality Education Resource Centre MB (SERC) specializes in providing accurate, up-to-date, and evidence-based training and education about sexuality. SERC promotes access to information and services, choice in all decisions regarding sexual health, and comprehensive sexuality education.*

## Our Approach:

SERC's approach to service provider training is non-judgmental, inclusive and comprehensive. Participants will learn through various methods including interactive discussion, group activities, case scenarios and exercises that are engaging and directly transferable to organizational settings.

## TOPICS

- *Sexuality Education in the Provincial Curriculum*
- *Sexuality Policy and Guidelines*
- *Adolescent Sexuality and Development*
- *Birth Control Options and Issues*
- *Sexual and Reproductive Health*
- *STBBIs and Safer Sex*
- *Cultural Intelligence & Culturally Safe Programming*
- *Relationships and Decision Making*
- *Sexuality and Aging*
- *Family Sexuality Education*
- *Sexuality and Disabilities*
- *Teaching/Facilitation Skills*
- *Sexual and Gender Diversity*

## SECTORS

- *Education*
- *Health Care*
- *Social Services*
- *Child Welfare*
- *Clinicians*
- *Mental Health*
- *Health Promotion*
- *Government*
- *Private Sector*
- *Corporate*
- *Community Groups*
- *Settlement*
- *Family and Caregiver Support*



## FULL-DAY TRAINING OPPORTUNITIES:

The SERC Training Institute offers full day training opportunities throughout the year in Winnipeg and Brandon that focus on sector-specific issues and realities. Visit our website to learn more and register.

## SERVICE PROVIDER TRAINING & CONSULTATION:

SERC offers customizable professional development training sessions for service providers in Manitoba on a broad range of topics. SERC will work with you to establish a plan that suits your organization. Contact us to book a consultation or to discuss your needs.

## WEBINARS:

Free webinars on various topics related to sexuality and sexual health are planned throughout the year. These are accessible to all service providers in Manitoba. Visit our website for more information.

## LUNCH & LEARN EVENTS:

SERC hosts Lunch & Learn style events in Winnipeg and Brandon. They are designed to provide relevant content and updates related to sexuality and reproductive health. Visit our website to download the next Lunch & Learn flyer to post in your organization.

**SERC is committed to supporting service providers in rural, remote and northern Manitoba. Please contact us to discuss your needs.**

 Sign-up for E-News at [www.serc.mb.ca](http://www.serc.mb.ca) to receive information about upcoming training opportunities & events