

# TRAINING INSTITUTE

SUPPORT FOR SERVICE PROVIDERS IN MANITOBA

# 2019/2020

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## SUPPORT FOR SERVICE PROVIDERS IN MANITOBA

*The Sexuality Education Resource Centre MB (SERC) Training Institute offers comprehensive full-day training opportunities, webinars and Lunch & Learn style events to support service providers in Manitoba.*

**FREE!**

### HALF-DAY WORKSHOPS

Each **FREE** half-day workshop includes tea/coffee and light refreshments. Online registration is required.

#### DECOLONIZING SEXUAL HEALTH

**WINNIPEG: SERC Winnipeg Office – 226 Osborne Street North**  
**November 29th, 2019, 9:00 am to 12:30 pm**

This free workshop explores an Anishanaabe worldview and offers strategies for acknowledging and incorporating it into sexual health curriculum. This training includes hands-on activities with copies to take home, time for discussion and reflection as well as links to resources for further learnings. Enjoy a fun time, while building community!

#### OUR SELVES, OUR DAUGHTERS: EXPLORING A CULTURALLY COMPETENT APPROACH TO UNDERSTANDING FGC

**WINNIPEG: United Way Winnipeg – 580 Main Street**  
**February 7th, 2020, 9:30 am to 12:30 pm**

This half-day training opportunity will enhance your understanding of Female Circumcision (also known as Female Genital Cutting – FGC, or Female Genital Mutilation – FGM). This training is ideal for those working with immigrant and/or refugee women from communities where FGC is practiced.

# FULL-DAY WORKSHOPS

Each full day workshop includes tea/coffee, refreshments and lunch. Registration fees apply.

## REDUCING STIGMA THROUGH TRAUMA- AND VIOLENCE-INFORMED CARE

**WINNIPEG:** United Way Winnipeg – 580 Main Street  
**June 10th, 2019, 9:00 am to 4:00 pm**

Trauma- and Violence-Informed Care (TVIC) principles are essential to delivering services that address the impacts of stigma, structural violence and trauma. This workshop will prepare front-line service providers, who work in the areas of sexuality and substance use, to adapt their work to be trauma- and violence-informed, and to assess their programs and teams using a validated TVIC organizational assessment tool.

**\$100.00 Regular / \$75.00 Student**

## TEACHING SEXUALITY: FACILITATION SKILLS FOR TEACHERS AND YOUTH SERVICE PROVIDERS – SUMMER INSTITUTE

**WINNIPEG:** United Way Winnipeg – 580 Main Street  
**August 14th & 15th, 2019, 9:00 am to 4:00 pm**

This specialized two-day training event will prepare teachers and service providers who work directly with youth to integrate comprehensive sexuality education lessons and activities into their programs or classrooms for youth, ages 12 and up.

**\$150.00 Regular / \$115.00 Student**

## “SEXT ED”: YOUTH, SEXUAL DEVELOPMENT AND DIGITAL LITERACY

**WINNIPEG:** United Way Winnipeg – 580 Main Street  
**October 29th, 2019, 9:00 am to 4:00 pm**

**BRANDON:** Clarion Hotel - 3130 Victoria Avenue  
**March 5th, 2020, 9:00 am to 4:00 pm**

Sexuality is a core component of healthy youth development, which is increasingly happening online. This training focuses on how to reduce the risks and increase the benefits of online sexuality through an essential life skill: digital media literacy. Service providers will leave with understandings of the legal aspects of viewing and sending sexual material and ways to have open, non-judgmental conversations about sexuality and technology with youth

**\$100.00 Regular / \$75.00 Student**

## 2SLGBTQ+ DIVERSITY AND INCLUSION TRAINING FOR SERVICE PROVIDERS

**BRANDON:** Clarion Hotel - 3130 Victoria Avenue  
**December 5th, 2019, 9:00 am to 4:00 pm**

Supporting diversity and promoting inclusion are essential components of working with people in culturally relevant and safe ways. This training opportunity invites service providers to broaden their awareness and build capacity around Two-Spirit, Lesbian, Gay, Bisexual, Transgender, and Queer identities and experiences.

**\$100.00 Regular / \$75.00 Student**

## HAVING THE CONVERSATION: SEXUALITY IN OUR WORK WITH PEOPLE LABELLED WITH ID/DDS

**WINNIPEG:** United Way Winnipeg – 580 Main Street  
**January 30th, 2020, 9:00 am to 4:00 pm**

Healthy sexuality is a key component of overall health and wellness for all people, including those labelled with an intellectual or development disability diagnosis. This introductory training will address the sexuality-related complexities, challenges and issues faced by service providers in direct support work, program planning and delivery and administrative roles.

**\$100.00 Regular / \$75.00 Student**

## SEXUALITY AND CULTURAL DIVERSITY: HUMILITY AND SAFETY IN CROSS-CULTURAL WORK

**WINNIPEG:** United Way Winnipeg – 580 Main Street  
**February 27th, 2020, 9:00 am to 4:00 pm**

Sexuality is complex and integral to social, mental, physical and spiritual wellbeing. This Training Institute invites service providers across various sectors to examine how sexuality impacts their work with diverse newcomers and their families. This introduction is ideal for those looking to increase comfort, communication skills and capacity around sexuality.

**\$100.00 Regular / \$75.00 Student**

**SERC is committed to supporting service providers in rural, remote and northern Manitoba. Please contact us to discuss your needs.**

SAVE THE DATE!

# SERC LXXV:

A CELEBRATION OF OUR  
PAST AND OUR LAUNCH  
INTO THE FUTURE

SEPTEMBER 19TH, 2019  
6:00 PM-9:00 PM, WINNIPEG ART GALLERY



Join us September 19th, 2019 for SERC's 85th anniversary celebration. Engage in a conversation about SERC's history advancing sexual and reproductive health rights in Manitoba. Learn about the current state of affairs for gender-based violence and equity in Canada from **Farrah Khan**, our keynote speaker. Launch with us into the future as we continue our work promoting sexual health and rights through education.



Sign up for our E-News to receive updates!



FOR MORE INFO, VISIT [WWW.SERC.MB.CA/EVENTS](http://WWW.SERC.MB.CA/EVENTS)

## CONSENT AT WORK: CREATING A CULTURE OF CONSENT IN THE WORKPLACE

NEW!

What does "Consent at Work" mean in the #METOO and #TIMESUP era?

This 3-hour highly interactive, evidence-based workshop will support your team to initiate, build and maintain a culture of consent in the workplace.

*Participants will increase their comfort and build capacity while learning:*

- Fundamentals about gender, sexuality and relationships
- Assertive communication skills that contribute to consensual workplace interactions
- Conflict resolution skills that promote healthy workplace relationships
- Bystander intervention methods for use in all areas of life, including the workplace

This training is delivered on-site at your location for staff teams of 15-30 people.



FOR MORE INFORMATION OR TO BOOK THIS TRAINING FOR YOUR TEAM,  
VISIT [WWW.SERC.MB.CA/INSTITUTE](http://WWW.SERC.MB.CA/INSTITUTE)

