

# TRAINING INSTITUTE

**VIRTUAL** AND **IN-PERSON** SUPPORT FOR  
SERVICE PROVIDERS IN MANITOBA

# 2020/2021

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# TRAINING INSTITUTE

# 2020/2021

## VIRTUAL AND IN-PERSON SUPPORT FOR SERVICE PROVIDERS IN MANITOBA

*The SERC Training Institute is offering virtual training options for service providers and students in health, education, justice, social services, and other human service sectors.*

**Visit [serc.mb.ca/institute](http://serc.mb.ca/institute) to learn more or to register now!**

**FREE!**

## TEACHING SEXUALITY WEBINAR LUNCH & LEARN SERIES

Spend your lunch hour with us learning evidence-based approaches to teaching sexuality education in various settings, including classrooms, after-school and community-based programs, and even in the home! **Join us for as many as you like.**

**What is Sexuality? The Sexuality Wheel  
and how we talk about sex and sexuality**  
December 9th 2020, 12:00 pm to 1:00 pm

**Guidelines and approaches to Sexuality Education**  
January 13th 2021, 12:00 pm to 1:00 pm

**Consent as the foundation of Sexuality Education**  
January 27th 2021, 12:00 pm to 1:00 pm

**Anatomy BINGO: Practicing inclusive language  
about bodies**  
February 17th 2021, 12:00 pm to 1:00 pm

**Risk Rater: Facilitating discussions about  
Harm Reduction**  
March 10th 2021, 12:00 pm to 1:00 pm

**“Ultimate (Wo)man”: Gender stereotypes and  
media analysis**  
March 31st 2021, 12:00 pm to 1:00 pm

**The balanced approach: Oppression and  
strengths in gender & sexual diversity**  
April 21st 2021, 12:00 pm to 1:00 pm

# TRAINING EVENTS

## FREE: World AIDS Day Commemoration and Educational Opportunity for Service Providers

### ZOOM WEBINAR

December 1st, 2020, 10:00 am to 12:00 pm

Join us for an update on the status of HIV/AIDS in Manitoba. World AIDS Day is an annual event dedicated to raising awareness about HIV, supporting people living with the virus, and remembering those who have died from AIDS related illness. This event is ideal for those that want to increase their awareness of HIV.

## Teaching Sexuality: Facilitation Skills for Teachers and Youth Service Providers

### ZOOM MEETING:

PART 1: January 20th, 2020, 9:00 am to 12:00 pm

PART 2: January 21st, 2020, 9:00 am to 12:00 pm.

This specialized, two part training event will prepare service providers who work directly with youth (age 12 and up), and teachers responsible for human sexuality curricular learning outcomes to integrate comprehensive sexuality education lessons and activities into their programs or classrooms. Participants will discuss and practice a number of activities that can be used immediately after the training. After the training there will be the option to purchase or download (for free) SERC's Teaching Comprehensive Sexuality Education Kit. The Kit contains all the materials needed to teach the basics discussed during the training.

\$50.00 Registration / \$20.00 Student

## Having the Conversation: Sexuality in Our Work with People Labelled with Intellectual or Development Disabilities ID/DDs

### MARCH 2021 - ZOOM MEETING:

PART 1: March 4th, 2021, 1:00 pm to 4:00 pm

PART 2: March 11th, 2021, 1:00 pm to 4:00 pm

### JUNE 2021 - ZOOM MEETING:

PART 1: June 10th, 2021, 1:00 pm to 4:00 pm

PART 2: June 17th, 2021, 1:00 pm to 4:00 pm

Healthy sexuality is a key component of overall health and wellness for all people, including those labelled with an intellectual or development disability diagnosis. This introductory training will take a rights-based approach to understanding the complexities, challenges and issues with respect to sexuality, in organizations that support people living with developmental disabilities. This introduction aims to support growth in service providers looking to enhance their skills addressing and communicating about sexuality issues in their work.

\$50.00 Registration / \$20.00 Student

Please contact SERC at [info@serc.mb.ca](mailto:info@serc.mb.ca) or 204-982-7800 to schedule training at your workplace.

## FREE: Our Selves, Our Daughters: Exploring a Culturally Competent Approach to Understanding Female Genital Circumcision

### WINNIPEG (IN PERSON): SERC - 167 Sherbrook Street

February 5th, 2021, 9:00 am to 12:00 pm

Join us for a half-day service provider workshop that will enhance your understanding of Female Circumcision (also known as Female Genital Cutting - FGC, or Female Genital Mutilation - FGM). This training is ideal for those working with immigrant and/or refugee women, or women from communities where FGC is practiced.

**This session may be moved online and all registrants will be notified prior.**

## 2STLGBQ+ Diversity and Inclusion Training for Service Providers

### DECEMBER 2020 - ZOOM MEETING:

PART 1: December 3rd, 2020, 1:00 pm to 4:00 pm

PART 2: December 10th, 2020, 1:00 pm to 4:00 pm

### APRIL 2021 - ZOOM MEETING:

PART 1: April 8th, 2021, 1:00 pm to 4:00 pm

PART 2: April 15th, 2021, 1:00 pm to 4:00 pm

Supporting diversity and promoting inclusion are essential components of working with people in culturally relevant and safe ways. This training opportunity invites service providers to broaden their awareness and build capacity around Two-Spirit, Lesbian, Gay, Bisexual, Transgender, and Queer identities and experiences.

\$50.00 Registration / \$20.00 Student

## "SEXT ED" - Youth Sexual Development and Consensual Literacy

### ZOOM MEETING:

February 18th, 2021, 9:00 am to 12:00 pm

### ZOOM MEETING:

May 13th, 2021, 9:00 am to 12:00 pm

Sexuality is a core component of healthy youth development, which is increasingly happening online. This training focuses on how to reduce the risks and increase the benefits of online sexuality through an essential life skill: consensual literacy. Service providers will leave with understandings of the legal aspects of viewing and sending sexual material and ways to have open, non-judgemental conversations about sexuality and technology with youth.

\$25.00 Registration / \$10.00 Student