

TRAINING INSTITUTE

**VIRTUAL SUPPORT FOR
SERVICE PROVIDERS IN MANITOBA**

2021/2022

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TRAINING INSTITUTE

2021/2022

VIRTUAL SUPPORT FOR SERVICE PROVIDERS IN MANITOBA

The SERC Training Institute is offering virtual training options for service providers and students in health, education, justice, social services, and other human service sectors.

Visit serc.mb.ca/institute to learn more or to register now!

TRAINING EVENTS

2STLGBQ+ Diversity and Inclusion Training for Service Providers

TWO-PART WORKSHOP:
December 2nd & 9th | 1:00-4:00pm

Supporting diversity and promoting inclusion are essential components of working with people in culturally relevant and safe ways. This training opportunity invites service providers to broaden their awareness and build capacity around Two-Spirit, Lesbian, Gay, Bisexual, Transgender, and Queer identities and experiences.

\$75.00 Registration / \$30.00 Student

Starting the Conversation: Sexuality in Our Work with People Labelled with Intellectual or Development Disabilities

TWO-PART WORKSHOP: February 17th & February 24th | 1:00-4:00pm

Healthy sexuality is a key component of overall health and wellness for all people, including those labelled with an intellectual or developmental disability diagnosis. This introductory training aims to support growth in service providers looking to enhance their skills, be reactive to “teachable moments” as well as proactive in starting conversations around sexual health with those they support.

\$75.00 Registration / \$30.00 Student

Creating a Culture of Consent at Work

February 9th | 12:30-4:30pm

Workplace sexual harassment is a harmful pattern of behavior that negatively impacts individual staff as well as larger workplace units and teams. During this afternoon participants will identify and discussing the underlying issues that may lead to harmful workplace sexual harassment, and develop a practical lens and understanding of what ‘Consent at Work’ can mean in and for the workplace. Participants will leave with learning effective skills for bystander intervention and how to better support staff who have disclosed experiences of workplace sexual harassment as well as instructions on how to navigate the local resource map of support available for Manitobans.

Free!

TRAINING EVENTS

CONTINUED...

“SEXT ED:” Youth Sexual Development and Consensual Literacy

March 17th | 1:00-4:00pm

Sexuality is a core component of healthy youth development, which is increasingly happening online. This training focuses on how to reduce the risks and increase the benefits of online sexuality through an essential life skill: consensual literacy. Service providers will leave with understandings of the legal aspects of viewing and sending sexual material and ways to have open, non-judgemental conversations about sexuality and technology with youth.

\$35.00 Registration / \$15.00 Student

Gender and Sexual Diversity in Elementary Ages

May 12th | 1:00-4:00pm

Research on Canadian schools shows that discrimination towards 2STLGBQ+ students peaks in grade 8 and declines after. This is just one indication that conversations on gender and sexual diversity must happen at earlier ages to help flatten this curve. This workshop will demonstrate activities to start developmentally appropriate conversations for those in grades 4-6.

\$35.00 Registration / \$15.00 Student

Please contact SERC at info@serc.mb.ca or 204-982-7800 to schedule training for your workplace.

TEACHING SEXUALITY WEB SERIES

FREE!

All Sessions FREE!

Languages of Sexuality: How to Talk About Talking About Sexuality

September 14th | 6:00-7:00pm & April 6th | 12:00-1:00pm

This discussion will explore euphemisms and language around sexuality. What values and beliefs are under the surface that may create barriers to talking about sexual health holistically? For those that work with youth of all ages.

Consent as the Foundation of Sexuality Education

September 21st | 6:00-7:00pm & April 13th | 12:00-1:00pm

Consent is the basis for sexuality education and applies to every topic from birth control to identity. See various exercises to help build a culture of consent in multiple contexts. For those that work with youth of all ages.

Trans and Intersex Inclusive Language Using Anatomy BINGO

September 28th | 6:00-7:00pm & April 20th | 12:00-1:00pm

You will have trans, intersex and/or gender diverse students in your class that deserve information about their bodies. Practice using “bodies with” language when talking about anatomy by playing a round of Anatomy BINGO. For those that work with youth of all ages.

Risk Rater: Facilitating Discussions About Harm Reduction

October 5th | 6:00-7:00pm & April 27th | 12:00-1:00pm

Abstinence and “no” aren’t the only answers to sexual activity. Practice meeting youth where they are at to reduce risks through a Risk Rater activity. For those that work with high school aged youth.

Gender and Power: Looking at the Binary “Ultimate (Wo)man”

October 12th | 6:00-7:00pm & May 4th | 12:00-1:00pm

Through a discussion about gender stereotypes and a media analysis, this activity will explore how the gender binary impacts us all. Improved self image and autonomy will be built through an exploration of our own strengths. For those that work with youth in grade 7 and older.

The Balanced Approach: Oppression and Strengths in Gender & Sexual Diversity

October 19th | 6:00-7:00pm & May 11th | 12:00-1:00pm

The commonly used “Porcupine Activity” explores how oppression impacts marginalized communities and exposes systems of discrimination. This balanced approach will offer a second “porcupine” to reveal the strengths of naming and building a community. For those that work with youth in grade 7 and older.

Creating a culture of

CONSENT AT WORK

Free 4HR Virtual Workshop

Workplace sexual harassment is a harmful pattern of behaviour that negatively impacts individual staff as well as larger workplace units and teams. This workshop will focus on such topics as:

- Identifying and discussing the underlying issues that may lead to harmful workplace sexual harassment
- Developing a culture of 'Consent at Work' that encourages respect and understanding in the workplace
- Highlighting effective skills for bystander intervention
- Learning how to better support staff who have disclosed, or wish to disclose, experiences of workplace sexual harassment
- Navigating the local resource map of workplace sexual harassment support available for Manitobans

To book this workshop, please visit:
serc.mb.ca/consent-at-work

To learn more visit:
serc.mb.ca • ohcmb.ca • klinik.mb.ca

To ask questions, call or email:

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