

Suggested

Reading/

Resources

Sexuality Education: for Parents with Young Children

Books

Many of these books are available through your local public library system.

Backwards Fay. S. Bear Bergman, 2012.

Familyhood: Nurturing the Values that Matter. Dr. Lee Salk, 1992.

From Diapers to Dating: A Parent's Guide to Raising Sexually Healthy Children.
Debra Haffner, 2000.

Jacob's New Dress. Sarah & Ian Hoffman, 2014.

My Family, Your Family. Lisa Bullard, 2015.

My Mom Is a Foreigner, But Not to Me. Julianne Moore, 2013.

Not All Princesses Dress in Pink. Jane Yolen & Heidi E.Y. Stemple, 2010.

Not Every Princess. Jeffrey Bone & Lisa Bone, 2014.

Sex and Sensibility: The Thinking Parent's Guide to Talking Sense About Sex. Deborah M.
Roffman, 2001.

Sex is a Funny Word. Cory Silverberg, 2015.

The Family Book. Todd Parr, 2003.

We Belong Together. Todd Parr, 2007.

What Makes a Baby. Cory Silverberg, 2013.

It's Perfectly Normal: Changing Bodies, Growing Up, Sex, and Sexual Health. Robie H.
Harris and Michael Emberley, 1994.

It's Not the Stork! A Book about Girls, Boys, Babies, Bodies, Families, and Friends. Robie
H. Harris and Michael Emberley, 2006.

Websites

Sexuality Education Resource Centre: www.serc.mb.ca

What to say when they ask: Talking about sexuality with your child. Alberta Health and Wellness: www.health.gov.ab.ca

HPV decision-making tool: www.parents.teachingsexualhealth.ca